Designed in collaboration with Apple®, the Attain by AetnaSM app combines your health history with your Apple Watch® activity to offer personalized goals,* achievable actions and big rewards — like an Apple Watch or gift cards.

REWARDS FOR A HEALTHIER STUDENT

Hitting 10K steps doesn’t motivate everyone to get healthier. The AttainSM app empowers and rewards you for getting healthier — in ways that work for you:

» Ways to increase your activity level - on or off campus
» Tips for healthier eating, better sleep and improving mindfulness
» Reminder to get a flu shot and schedule an annual physical

6 MILLION HEALTHY ACTIONS COMPLETED¹ 6 BILLION CALORIES BURNED¹ $1.8 MILLION EARNED IN REWARDS¹

IT’S WHY OUR USERS LOVE IT

80% ARE SATISFIED WITH THE APP¹ 92% FEEL ATTAIN IS MAKING THEM HEALTHIER¹

HEALTH IS THE REAL WIN™ EXPLORE MORE AT ATTAINBYAETNA.COM 90.03.503.1 B (7/20)
HERE’S HOW IT WORKS

TO ENROLL, YOU MUST
» Be an Enrolled in an Aetna Student Health™ plan
» Be at least 18 years old
» Have an iPhone®

Earn an Apple Watch & gift cards
Don’t have an Apple Watch? Order the Apple Watch Series 3 (GPS, 38mm) in the Attain app and earn it with points**. Or upgrade to Apple Watch SE or Apple Watch Series 6 for an additional up-front cost. All you’ll pay initially is a $7 activation fee + sales tax. Use any extra points to earn more than $75 in gift cards.*** (Please note: Unfortunately, for orders placed in the app, we are not able to ship to international destinations/outside the U.S.)

Or bring your Apple Watch & earn gift cards
Already have an Apple Watch? Bring it and earn more than $275 in gift cards.

DOWNLOAD + ENROLL TODAY
Just text “ATTAINAPP” to 37046 for a link to download

4.7 APP STORE RATING®
Message & data rates may apply.****

The Attain app is only available in English.

*Goals and suggested health actions should not replace your doctor’s advice. If you have a medical condition that prevents you from meeting your goals, or if your doctor advises you not to take part in physical activity, there may be an opportunity for you to earn the same reward in a different way. Call 1-866-820-3731 (TTY: 711) to find out your options.

** If your Aetna medical coverage ends before 24 months or if you withdraw from Attain, your credit card will be charged each month until your Apple Watch is paid off. This will happen automatically, based on your financing agreement.

***Alternative rewards are available depending on user enrollment date.

****Terms and Conditions: aet.na/2IyZvfc Privacy Policy: aet.na/2GqxsuN

1Based on Attain by Aetna analytics data as of 5/20.
2Based on 17K ratings provided by App Store® customers as of 10/20.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Rewards earned may be considered taxable income. Please consult your tax adviser if you have any questions regarding the taxability of rewards.

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